

Thankful Heart Belly Band

Cut along dotted lines. Make sure dotted lines are cut off of finished belly band.

Wrap the sides of the belly band around a folded dinner napkin.

*Ask everyone to write or draw five things they are grateful for. Include pens and/or crayons at your table. Go around the table sharing or hang them on the fridge or mantle for the day.

my **thankful**
heart

my **thankful**
heart
